St. Joseph's Catholic Primary School

Relationship and Sex Education (RSE) A Journey in Love (2020)

	Aim	Autumn Social and Emotional	Spring Physical	Summer Spiritual
EYFS	To explore the wonder of being special and unique.	To recognise the joy of being a special person in my family.	To recognise that we are all different and unique.	To celebrate the joy of being a special person in God's family.
Year One	To focus on families and specially growing up in a loving, secure and stable home.	To recognise the signs that I am loved in my family.	To recognise how I am cared for and kept safe in my family.	To celebrate ways that God loves and cares for us.
Year Two	To describe how we are growing and developing in diverse communities that are God-given.	To recognise the joy and friendship of belonging to a diverse community.	To describe ways of being safe in communities.	To celebrate ways of meeting God in our communities.
Year Three	To describe and give reasons for how we grow in love, in caring and happy friendships where we are secure and safe.	To describe and give reasons how friendships make us feel happy and safe.	To describe and give reasons why friendships can break down, how they can be repaired and strengthened.	To celebrate the joy and happiness of living in the friendship with God and others.
Year Four	To make links and connections to show that we are all different. To celebrate these differences as we appreciate that God's love accepts us as we are now and as we change.	To describe how we all should be accepted and respected.	To describe how we should treat others making links with the diverse modern society we live in.	To celebrate the uniqueness and innate beauty of each of us.
Year Five	To show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty, sensitivity, mood swings, anger, boredom etc., and grow further in recognising God's presence in our daily lives.	To show knowledge and understanding of emotional relationship changes as we grow and develop.	To show knowledge and understanding of the physical changes in puberty.	To celebrate the joy of growing physically and spiritually.

Year Six	To develop a secure understanding of what stable, caring relationships are and different kinds there mat be. Focussing on Catholic teaching, children will also know and understand about the conception of a child within marriage.	To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families.	To explain how human life is conceived.	To show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships.