St Joseph's Catholic Primary School

PSHE curriculum

EYFS



- Blue Explores Road Safety
- Blue Gets Lost
- Blue Learns to Share
- Blue's Best Friend
- Blue's Indoor Voice



- Green Gets Glasses
- Green is Moving up a Year
- Green Stays in Hospital
- Green's Greens
- Green's Daddy Moves Out



- Orange Brushes Her Teeth
- Orange Feels Worried
- Orange Helps Out
- Orange Moves House
- Orange Sleeps Over



- Pink Goes to School
- Pink Has a New Brother
- Pink is Feeling Sad
- Pink Misses Mummy
- Pink's Screen Time



- Purple is Poorly
- Purple the Passenger
- Purple Watches the News
- Purple's Pet Bird
- Why Does Purple Play Differently



- Rainbow Feels Angry
- Rainbow Visits the Seaside
- Rainbow Helps at Home
- Rainbow's Food Journey
- Rainbow's Day Out



- Red Goes Swimming
- Red Needs The Toilet
- Red Visits the Dentist
- Red's Hearing Aid
- Red's Nut Allergy



- Yellow Goes on Holiday
- Yellow Learns About Germs
- Yellow Play Fights
- Yellow Wants to Play With Orange
- Yellow's Bedtime

Year 1

AUTUMN	**KEEPING/STAYING SAFE UNIT** CORE COMPREHENSIVE TOPICS **What I Know Now** **Road Safety** OPTIONAL RESOURCES Road Safety Extension Personal Safety - Simply RSHE	**BEING RESPONSIBLE UNIT** CORE COMPREHENSIVE TOPICS **What I Know Now** **Water Spillage** OPTIONAL RESOURCES Water Spillage Extension Personal Safety - Simply RSHE	**FEELINGS AND EMOTIONS UNIT** CORE COMPREHENSIVE TOPICS **What I Know Now** **Jealousy** OPTIONAL RESOURCES Jealousy Extension General wellbeing - Simply RSHE
SPRING	**KEEPING/STAYING HEALTHY UNIT** CORE COMPREHENSIVE TOPICS **What I Know Now** **Washing Hands** OPTIONAL RESOURCES Washing Hands Extension Healthy protection and prevention - Simply RSHE	**RELATIONSHIPS UNIT** CORE COMPREHENSIVE TOPICS **What I Know Now** **Friendship** OPTIONAL RESOURCES Friendship Extension Caring friendships - Simply RSHE	**COMPUTER SAFETY UNIT** CORE COMPREHENSIVE TOPICS **What I Know Now** **Online Bullying** OPTIONAL RESOURCES Online Bullying Extension Wellbeing online - Simply RSHE
SUMMER	**A WORLD WITHOUT JUDGEMENT UNIT** CORE COMPREHENSIVE TOPICS **What I Know Now** **Democracy** OPTIONAL RESOURCES Democracy Extension Respectful, kind relationships - Simply RSHE	**OUR WORLD UNIT** CORE COMPREHENSIVE TOPICS **What I Know Now** **Growing In Our World** OPTIONAL RESOURCES Growing In Our World Extension Developing bodies - Simply RSHE	**FIRE SAFETY UNIT** CORE COMPREHENSIVE TOPICS **What I Know Now** **Hoax Calling** OPTIONAL RESOURCES Hoax Calling Extension Basic first aid - Simply RSHE

Cycle A – Class 2

AUTUMN

KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

Tying Shoelaces
Staying Safe

OPTIONAL RESOURCES

Tying Shoelaces Extension
Staying Safe Extension
Personal safety - Simply RSHE
Being safe - Simply RSHE

BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

Stealing
What I've Learnt

OPTIONAL RESOURCES

Stealing Extension
NO Simply RSHE Links

FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

Worry
Anger

OPTIONAL RESOURCES

Worry Extension
Anger Extension
General wellbeing - Simply RSHE
Respectful, kind relationships - Simply RSHE

2 3 2

SPRING

KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

Medicine
What I've Learnt

OPTIONAL RESOURCES

Medicine Extension
Drugs, Alcohol, Tobacco and Vaping - Simply RSHE

RELATIONSHIPS UNIT

CORE COMPREHENSIVE TOPICS

Bullying
Body Language

OPTIONAL RESOURCES

Bullying Extension
Body Language Extension
Respectful, kind relationships - Simply RSHE
Caring friendships - Simply RSHE

COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

Image Sharing
Computer Safety Documentary

OPTIONAL RESOURCES

Image Sharing Extension
Computer Safety Documentary Extension
Online safety and awareness - Simply RSHE
Wellbeing online - Simply RSHE

3 2 3

SUMMER

A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

Individual Liberty
Rule of Law

OPTIONAL RESOURCES

Individual Liberty Extension
Rule of Law Extension
Respectful, kind relationships - Simply RSHE

OUR WORLD UNIT

CORE COMPREHENSIVE TOPICS

Looking After Our World
What I've Learnt

OPTIONAL RESOURCES

Looking After Our World Extension
NO Simply RSHE Links

FIRE SAFETY UNIT

CORE COMPREHENSIVE TOPICS

Petty Arson
Enya & Deedee Visit the Fire St.

OPTIONAL RESOURCES

Petty Arson Extension
Enya & Deedee Visit the Fire St. Extension
Personal safety - Simply RSHE

2 3 2

Cycle B – Class 2

AUTUMN

KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

Leaning Out of Windows
What I've Learnt

OPTIONAL RESOURCES

Leaning Out of Windows Extension
Personal safety - Simply RSHE

BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

Practice Makes Perfect
Helping Someone In Need

OPTIONAL RESOURCES

Practice Makes Perfect Extension
Helping Someone In Need Extension
General wellbeing - Simply RSHE
Being safe - Simply RSHE

FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

Grief
What I've Learnt

OPTIONAL RESOURCES

Grief Extension
General wellbeing - Simply RSHE

3 2 3

SPRING

KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

Medicine
What I've Learnt

OPTIONAL RESOURCES

Medicine Extension
Drugs, Alcohol, Tobacco and Vaping - Simply RSHE

COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

Image Sharing
Computer Safety Documentary

OPTIONAL RESOURCES

Image Sharing Extension
Computer Safety Documentary Extension
Online safety and awareness - Simply RSHE
Wellbeing online - Simply RSHE

2 3 2

SUMMER

A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

Tolerance
What I've Learnt

OPTIONAL RESOURCES

Tolerance Extension
Respectful, kind relationships - Simply RSHE

OUR WORLD UNIT

CORE COMPREHENSIVE TOPICS

Living in Our World
Working in Our World

OPTIONAL RESOURCES

Living in Our World Extension
Working in Our World Extension
NO Simply RSHE Links

FIRE SAFETY UNIT

CORE COMPREHENSIVE TOPICS

Texting Whilst Driving
What I've Learnt

OPTIONAL RESOURCES

Texting Whilst Driving Extension
Personal safety - Simply RSHE

3 2 3

Cycle A – Class 3

AUTUMN

KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

Peer Pressure
Adults' & Children's Views

OPTIONAL RESOURCES

Peer Pressure Extension
Being safe - Simply RSHE

BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Coming Home on Time

OPTIONAL RESOURCES

Coming Home on Time Extension
Respectful, kind relationships - Simply RSHE

FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

Anger
Adults' & Children's Views

OPTIONAL RESOURCES

Anger Extension
General wellbeing - Simply RSHE

545

SPRING

KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Healthy Living

OPTIONAL RESOURCES

Healthy Living Extension
Healthy eating - Simply RSHE

COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Online Bullying

OPTIONAL RESOURCES

Online Bullying Extension
Wellbeing online - Simply RSHE

454

SUMMER

A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

Inclusion & Acceptance
Adults' & Children's Views

OPTIONAL RESOURCES

Inclusion & Acceptance Extension
Families and people who care for me - Simply RSHE

THE WORKING WORLD UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Chores at Home

OPTIONAL RESOURCES

Chores at Home Extension
General wellbeing - Simply RSHE

FIRST AID UNIT

CORE COMPREHENSIVE TOPICS

First Aid Year 5 (Part 1 & 2)

OPTIONAL RESOURCES

First Aid Year 5 (Part 1 & 2) Extensions
Basic first aid - Simply RSHE

545

Cycle B – Class 3

AUTUMN

KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Cycle Safety

OPTIONAL RESOURCES

Cycle Safety Extension
Personal safety - Simply RSHE

BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

Looking Out for Others
Adults' & Children's Views

OPTIONAL RESOURCES

Looking Out for Others Extension
General wellbeing - Simply RSHE

FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Jealousy

OPTIONAL RESOURCES

Jealousy Extension
General wellbeing - Simply RSHE

4 5 4

SPRING

KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

Smoking
Adults' & Children's Views

OPTIONAL RESOURCES

Smoking Extension
Drugs, alcohol, tobacco and vaping - Simply RSHE

COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

Image Sharing
Adults' & Children's Views

OPTIONAL RESOURCES

Image Sharing Extension
Online safety and awareness - Simply RSHE

5 4 5

SUMMER

A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
Breaking Down Barriers

OPTIONAL RESOURCES

Breaking Down Barriers Extension
Respectful, kind relationships - Simply RSHE

THE WORKING WORLD UNIT

CORE COMPREHENSIVE TOPICS

Enterprise
Adults' & Children's Views

OPTIONAL RESOURCES

Enterprise Extension
NO Simply RSHE Links

FIRST AID UNIT

CORE COMPREHENSIVE TOPICS

What I Know Now
First Aid Year 4

OPTIONAL RESOURCES

First Aid Year 4 Extension
Basic first aid - Simply RSHE

4 5 4

Year 6

AUTUMN

KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

Water Safety
What I've Learnt

OPTIONAL RESOURCES

Water Safety Extension
Personal safety - Simply RSHE

BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

Stealing
What I've Learnt

OPTIONAL RESOURCES

Stealing Extension
Respectful, kind relationships - Simply RSHE

FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

Worry
What I've Learnt

OPTIONAL RESOURCES

Worry Extension
General wellbeing - Simply RSHE

SPRING

KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

Alcohol and Drugs
What I've Learnt

OPTIONAL RESOURCES

Alcohol and Drugs Extension
Drugs, alcohol, tobacco, and vaping - Simply RSHE

COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

Making Friends Online
What I've Learnt

OPTIONAL RESOURCES

Making Friends Online Extension
Online safety and awareness - Simply RSHE

SUMMER

A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

British Values
What I've Learnt

OPTIONAL RESOURCES

British Values Extension
NO Simply RSHE Links

THE WORKING WORLD UNIT

CORE COMPREHENSIVE TOPICS

In-App Purchases
What I've Learnt

OPTIONAL RESOURCES

In-App Purchases Extension
Respectful, kind relationships - Simply RSHE

FIRST AID UNIT

CORE COMPREHENSIVE TOPICS

First Aid Year 6
What I've Learnt

OPTIONAL RESOURCES

First Aid Year 6 Extensions
Basic first aid - Simply RSHE