St. Joseph's

Catholic Primary School

PE Policy

Last Reviewed Date – September 2023

PE Policy

Our Vision:

Our curriculum is integral to the fulfilment of our school vision:

Our vision is At St. Joseph's is that each individual will **learn, grow and thrive** together with love and faith in Jesus. We will embrace our gospel values and enable all children to **achieve their full potential** in a safe, welcoming and happy learning environment. We will strive to **create responsible citizens** who are **independent, confident, life-long learners** and are equipped to meet the challenges of a changing future **– the people who God calls them to be.**

'We will learn, grow and thrive together with love and faith in Jesus to achieve their full potential….'

St. Joseph's vision for the children, is that they leave St. Joseph's having achieved their full potential in all areas and have the necessary skills and knowledge to flourish to their next phase of education and life. As children learn and grow, we want them experience a deep sense of joy in everyday life and to feel happy, confident and full-filled, having enjoyed an enriching curriculum at St. Joseph's. We want us to approach our curriculum with enthusiasm and a thirst for knowledge. Through a broad, diverse curriculum and for children to develop new interests and passions. Children need a world class education which enables them to grow in wisdom, knowledge and a skills so that they may have a transformational impact upon society. We want children to receive an exceptional curriculum by inspirational, knowledgeable teachers who deliver academic excellence for all. We want our curriculum to enable long-term learning.

'Create Responsible Citizens who are independent, confident, life-long learners who are equipped to meet the challenges of a changing future…'

We want our children to grow up to be responsible citizens and good people. We want them to learn to feel, think and act with respect for themselves and for other people. We want them to feel confident and to develop a strong character whilst providing them with the necessary skills to meet the challenges of a rapidly changing world.

We want our children to leave St. Joseph's with the knowledge, skills and desires to contribute to a fairer and more sustainable world - To help build God's Kingdom. We want them to be successful global learners: As Pope Francis said,

'We are a single family living in a common home. We have a responsibility as stewards of God's earth.'

The new National Curriculum states: "A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way, which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect."

Intent – what are we trying to achieve?

The Intent of our Physical Education (PE) curriculum is that it contributes to the overall education of all children by helping them to lead full and valuable lives through engaging in purposeful and high-quality activity. It promotes active and healthy lifestyles, physical skills, physical development and knowledge of the body in action. PE enables children to learn confidence, perseverance, team spirit, positive competitiveness and organisation. Children must engage in a programme of PE that encourages fitness, improves their strength and teaches them the rules of games. PE is an integral part of school practices allowing all children in the school to gain a sense of achievement and develop positive attitudes towards themselves and others. We also view PE as a key component of the children's positive well-being.

With the support of the PE co-ordinator, expert PE teacher, Chorley School Sports Partnership (CSSP) staff, a confident school staff, links to secondary school staff (from Holy Cross), our school aims to achieve the following as set out by the EYFS framework and the KS1 and KS2 National Curriculum. These aims form the basis upon which our distinctive curriculum is built.

The national curriculum for physical education aims to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives

We are currently at Platinum Sainsbury's Kitemark Level which demonstrates our high standards, as well as being recognised regionally each year for sporting achievements, attitudes and commitment. We aim to maintain and continue this.

Implementation:

The subject leader for PE is Amy Wilkinson and the expert PE teacher and coach is Mrs Millar. The subject leaders are responsible for maintaining the high standards in PE teaching and learning, implementation of school policy, the day to day management of resources, keeping up to date in curriculum innovation, sharing good practice with staff and ensuring that planning for the subject is progressive and in line with national expectations.

Subject leaders are the 'expert' in school and can offer support to other staff including signposting where necessary. Together with the Headteacher and Governors, they are involved in the monitoring, review and evaluation of their subject both as a standalone and as part of the wider curriculum.

At St Joseph's we understand the importance of Physical Education for both mind and body. To make sure that children get every opportunity to learn and refine skills across a range of sports is very important and therefore it is important to have the correct resources for children to access. We review our equipment safety and stock annually.

We have strong links with Chorley School Sports Partnership who regularly come into school to team teach PE. We attend the majority of the sporting competitions and events they organise, giving equal opportunity of participation to all children in school.

The children in Year 4/5 swim each year at Brinscall Swimming Pool for a term and a half from February through to July.

Teaching and Learning

- The pedagogical approaches selected reflect the needs of pupils and the needs of the curriculum content.
- All pupils are supported to know more and do more. All pupils benefit from high-quality instruction, practise and feedback.
- Teaching activities and approaches make sure pupils revisit and re-encounter important knowledge.
- Practice is domain-specific, desirably difficult and goal directed, with the aim of all pupils improving. It gives pupils time to build, develop and refine their knowledge.
- Feedback for pupils focuses on how to improve.
- Pupils have high-quality opportunities to learn component knowledge. Teachers move onto more complex content once pupils have secured important foundational knowledge.
- Competition is appropriately positioned when pupils have the knowledge needed to access the demands of the competition. This is regardless of whether the competition is against oneself or others.
- Pedagogical adaptations for pupils with SEND to access and achieve success are specific to the needs of the pupil and retain educational integrity to meet the aims of the national curriculum.
- There is an evident shift from more substantive knowledge in EYFS, KS1 to disciplinary knowledge in KS2 as children refine their skills and begin to use them independently, employing skills, practice and tactics at their own discretion in order to succeed. Children should be increasingly challenged and ambitious whilst developing a love or interest for PE.
- PE lessons are taught twice a week (2 hours curriculum times)
- There are extra-curricular sports clubs 4 times a week after school, before school and even across breaks and lunchtimes.
- Children participate in an active hour a day, including the daily mile and some structured play.

- Children who are not meeting the expected standard in PE are monitored closely and bespoke intervention may be needed. Children are assessed individually and support is available from the subject lead, CSSP and SLT.

Enrichment and Mastery

We provide a diverse and quality assured extra-curricular programme with links, where possible, to local opportunities. Our school is part of the Chorley School Sports Partnership, which enables us to access a wide variety of leagues, fixtures, events and festivals. Healthy competition is central to both curricular and extra-curricular programmes. Fair play, tolerance, leadership and other values are taught through both. Pupil voice drives decision making around the enrichment offer and participation data is used effectively to plan for further widening of opportunities. Residential experiences at the Anderton Centre offered to KS2 pupils build resilience skills, self belief and critical thinking.

Health and Safety

Everyone has a duty under health & safety guidelines to ensure PE activities are carried out with due regard to the safety of staff and pupils in line with school, Local Authority and Health & Safety Policies. Advice can be sought from the Local Authority's adviser, or the staff members responsible for Health & Safety. Reference should be made to the school's Risk Assessments. All staff have a copy of the Health and Safety Policy in school documentation file.

- Staff should carry out risk assessments with the children at the start of all PE lessons.
- All equipment, apparatus and environment should be checked before the start of every lesson by teacher and is the responsibility of the teacher.
- Children should be given health and safety guidance through the lesson. All jewellery should be removed and stored safely before each lesson.
- If children wear stud earrings they should be taken out by the child. If this is not possible, the child should be given tape to cover their earrings – but this is as a last resort only.
- Children must place and remove the tape independently. All long hair should be tied back.
- Suitable clothing should be worn for each lesson.
- Children should not engage in physical activity without correct kit.
- For indoor PE children should walk to the hall with suitable footwear on (trainers or school shoes).
- All children taking part in indoor PE should be bare foot or wear suitable footwear for indoor PE (trainers).
- All children with verrucas should wear foot coverings.

Impact:

Our PE teacher, Mrs Millar (along with class teacher and the subject lead) is responsible for the termly assessment of PE using Target Tracker steps and statements, including the monitoring of specific groups of children. We also use the services of CSSP to come in and assess children at the end of each Key Stage to corroborate our school assessments. These

assessments support and encourage our pupils to work both individually and as part of a bigger team in order to excel.

Assessment for learning is continuous throughout planning, teaching and learning and any gaps are swiftly identified. Interventions are evaluated and reviewed.

The subject leader is responsible for assessment data, lesson observations, pupil voice and standards in the subject to ensure our curriculum remains broad, ambitious, challenging and engaging for our pupils.

Staff receive regular CPD for PE both in house and externally to keep skills up to date but also confidence. Governors have an active involvement and come in to speak to staff and children and observe lessons. Annual reports are written for governors each year.

The ability to be physically fit and able helps children in their everyday lives emotionally as well as physically. To be physically active, confident and to develop a love for such is a crucial rung on the ladder of success for children to be able to live healthily in life. We aim to give St. Joseph's children the best possible start to their healthy and active lifestyle, encouraging them to adopt this stance in life.