PE at St. Joseph's Catholic Primary School

At St Joseph's, our P.E curriculum promotes physical activity, health and wellbeing. We encourage pupils to be active for sustained periods of time and excel in a broad range of sports. Our competitive activities promote teamwork, communication, motivation and achievement.

P.E lessons are sequenced so they build upon previous learning, children re-visit games overtime so they become competent and develop a love for a sport.

Children in EYFS revise and refine fundamental movement skills which lay the foundations for KS1.

The school invests in a PE specialist to teach PE lessons across the school..

New skills are modelled. Children evaluate theirs and others performance against given criteria.

Effective Learning In PE

Children compete and learn the values of competition in lessons, Sport's Day and interschool competitions.

Year 6 are provided with training to encourage active playtimes.

Specialist swimming instructors

teach children how to swim.

Children come to school wearing their PE kit so no time is wasted in lessons getting changed.

All units of learning finish with a competitive element so children develop a positive sense of competitive spirit.

By the end of Key Stage 2, our pupils will show skilled physical literacy, becoming competent, confident and expert in their techniques, ready to build on this at KS3 and beyond. They will use these skills competitively and be able to apply principles learnt to their own and others' work.